Monthly Support Group for Caregivers

Sponsored by Catholic Charities Northwest Senior Services & Hanover Township Senior Services

We recognize that unpaid, family caregivers provide the majority of caregiving in the United States. Caregivers help their spouses, parents, or other senior relatives with tasks such as: bathing, eating, dressing, personal hygiene, cooking, cleaning, transportation, and financial management. This is an opportunity to share with others who face the same challenges of caregiving.

When: **Fourth Wednesday of every month**
10:30 a.m. – noon
(no meeting in December)

Where: **Hanover Township Senior Center**
240 S. Route 59
Bartlett, IL

For more information, contact
Frances Domingo
Social Services Specialist
at
Hanover Township Senior Services

630-483-5660

Catholic Charities Northwest Senior Services is funded by: AgeOptions, IL Dept. on Aging, United Way, Individual Donations, AH senior Center, Inc., IL Criminal Justice Information Authority, Barrington/Palatine/Wheeling Townships and the Hanover Township Mental Health Board.

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