



Empowering Lives, Fostering Friendships, Promoting Independence

Mission Statement

As part of the Senior Center's national accreditation process in September, participants, community members and staff gathered together to revise the Senior Center's mission statement. Sarah Van Huis, from HandsOn Suburban Chicago, facilitated the session. The group created *Empowering Lives, Fostering Friendships, Promoting Independence* through their experiences at Hanover Township Senior Services. Our lobby posted a comment board for feedback, which was overwhelmingly positive. Look to see this on future Senior Center branding.



Ye Olde Gift Shoppe

Did you know that the Senior Center accepts gently used donations to resell at the Gift Shoppe? Proceeds go directly to serving the older adults of Hanover Township through programming, outreach, and assistance. Hundreds of unique gift items can be found at very reasonable pricing. The volunteers are

the heart and soul of the operation. From cleaning to pricing items, to display and sales, over a dozen people make the Gift Shoppe possible.

Please stop by to shop or donate! The Shoppe is open six days a week, during Senior Center operating hours. For more information, please contact the Gift Shoppe at (630) 483-5681.



Páginas Nuevas en Español 6, 21 y 22 Si usted necesita alguna información de este boletín traducido en español, por favor llame al (630) 483-5660.

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Funds (in whole/part) for this publication were provided through an award from AgeOptions through grants from the Illinois Department on Aging and/or Administration on Aging, U.S. Department of Health and Human Services under Title III of the Older Americans Act.



Tax Aide for 2016 Tax Returns

Tuesdays / Thursdays: February 9 - April 11

9:30 A.M. - 12:30 P.M. - by appointment only

On Monday, January 16 at 9:00 A.M., Hanover Township Senior Services will begin taking appointments for A.A.R.P.'s free tax program, Tax Aide. This program is staffed by volunteers trained by A.A.R.P. who will be available by appointment only to complete basic tax returns. You will be asked to arrive 15 minutes prior to your appointment to complete any necessary paperwork before meeting with your tax aide volunteer to prepare your return. This paperwork may also be picked up at the Senior Center front desk prior to your appointment, if you would like to complete it ahead of time.

The Township has no control over the manner in which the AARP volunteers prepare the tax returns nor does the Township review any tax returns to verify whether they have been properly prepared and/or contain any errors. Participants in this program are asked to sign a Tax-Aide Waiver and Release, recognizing certain risks of errors, omissions, and other mistakes in performing tax assistance and relinquishing all claims against Hanover Township.

All returns are filed electronically and printouts are given to each participant for their records. Benefit Access application assistance is available during these times. To make an appointment call (630) 483-5660. Appointments are made in a first-come-first-serve manner filled in date order. In the past, tax preparers were able to use alternative documentation to prove Social Security numbers, such as a SSA-1099 Form or a Medicare Card. Starting in 2017, all people filing tax returns at an AARP site will need to present their official Social Security Card.

Closing Dates in January and February

Hanover Township is a local government entity observing the following holiday dates. All Township facilities are closed:

New Year's Day

Saturday, December 31, 2016

Monday, January 2, 2017

Martin Luther King Jr. Day

Saturday, January 14, 2017

Monday, January 16, 2017

President's Day

Saturday, February 18, 2017

Monday, February 20, 2017

Chinese New Year Bake Sale

Tuesday - Friday, January 24 - 27

9:00 A.M. - 4:00 P.M.

In celebration of Chinese New Year, a bake sale will be held in the Senior Center Lobby. Proceeds will support the Adopt-A-Senior program. Stop by for yummy baked goods and purchase handmade jewelry from the Beading Club. Any and all baked donations are accepted! Please bring in your baked goods on Monday, January 23 after 9:00 A.M. Thank you in advance for supporting the Beading Group!

The Hanover Township Gift Shoppe accepts

gently used items as donations to help the Senior Committee in funding additional programs, equipment, and events for the benefit of the seniors of Hanover Township.

January is Bell Month Sale

Stop by the Gift Shoppe and check out our beautiful variety of bells for sale! Take \$1 off each bell item purchased.

Streamwood Resident Appointed to Fill Township Trustee Vacancy

The Hanover Township Board of Trustees voted at the November 1 meeting to appoint Khaja Moinuddin to fill the vacant trustee position on the board. Moinuddin will serve the remainder of the term set to expire in April 2017.

"Khaja's experience and background will be a tremendous asset to the Township," said Brian P. McGuire, Hanover Township Supervisor. "We look forward to his perspective and contributions."

A 12 year resident of Streamwood, Moinuddin served on the village's planning and zoning board from 2009 to 2015 and is also a trustee with the Poplar Creek Library District. He is employed as a senior civil engineer with the Metropolitan Water Reclamation District of Greater Chicago.

"I feel honored, and grateful for the opportunity to serve the residents of a great Township," said Trustee Moinuddin. "This is a responsibility which I will not take lightly. I will use my twenty years of governmental experience and strong work ethics to serve the residents, to the best of my ability."



is back to help with evening bingo!

Lexington Healthcare Center of Streamwood will once again sponsor our winter evening bingos! A big thank you goes out to Kyle for helping last year. We can't wait for you all to meet Alex, who will call bingo Thursday evenings of January 12, 26 and February 9, 23. Lexington is a leader of post-acute and long term care services specializing in specific disease management and recovery; additionally offering in-house homeo dialysis and telemedicine.

Disclaimer: Senior Services Club 59 Newsletter provides a conduit for the flow of information between the Township's Senior Services Department and the seniors, age 55 and over, about programs and services offered by the Senior Services Department. An agreement between Hanover Township and Liturgical Publications Inc. was entered into with the sole

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Candy Bingo

Thursdays: January 5, 12 & 26 & February 9, 23

10:00 - 11:00 A.M.

Donation: Free

Senior Services will be playing 10 rounds of bingo on window boards for candy prizes and gift cards from the Stars★N★Stripes Café! Join the fun! Registration required

Dessert with Devora

Thursday, January 12 Puppy Chow (CONTAINS PEANUT BUTTER)

Thursday, February 2 Chocoflan 2:00 - 3:00 P.M. Donation: \$4

Dessert with Devora is a great opportunity to eat those delicious desserts that you love! Not only will you get a sample of the dessert, but Devora will have the recipe for you to make at home. If you are ready to explore the dessert world, please join us at this wonderful event! Registration required.

Veterans' Lunch & Movie: Letters from Iwo Jima

Friday, January 13

12:00 - 2:30 P.M.

Donation: Free to Veterans

Long-buried letters from the island reveal the stories of the Japanese troops who fought and died there during World War II. Among them are Saigo, a baker; Baron Nishi, an Olympic champion, and Shimizu, a soldier. Though Lt. General knows he and his men have virtually no chance of survival, he uses his extraordinary military skills to hold off American troops as long as possible. Starring Ken Watanabe, Kazunari Ninomiya and Tsuyoshi Ihara. *Rated R, 2 hours 21 min.* Lunch is provided by the Stars★N★Stripes Café. You have your choice of a cheeseburger or chicken sandwich both served with roasted sweet potato wedges, an orange and skim milk. Please RSVP with your meal choice to Stephanie Miller by December 27 at (847) 888-8329.

Using Internet Search Tools

Wednesdays: January 18, 25 (series)

9:00 - 11:00 A.M.

Donation: \$5

Pick-up tips and tricks to speed up your searches on the internet. Learn common site tools and techniques to help you find information, sites, and people! Registration required. Instructor: Dan Kupkowski

Pizza & Movie: Alice through the Looking Glass

Thursday, January 19

11:00 A.M. - 1:30 P.M.

Donation: \$5

After slipping through a mirror, Alice finds herself back in Underland with the White Queen, the Cheshire Cat, the White Rabbit, Tweedledee and Tweedledum. Her friends tell her that the Mad Hatter is depressed over the death of his family. Hoping to save his loved ones, Alice steals the Chronosphere from Time to travel into the past. Starring: Johnny Depp, Anne Hathaway, Helena Bonham Carter, Sacha Baron Cohen. *PG-13, 113 mins.* Donation includes movie, pizza, and refreshments. Registration required.

Pinteresting Project Valentine Centerpiece

Thursday, February 2

10:00 - 11:00 A.M.

Donation: \$5

Ever wanted to try all of those fun projects you see on Pinterest? Whether you are crafty or just want to meet new people, everyone is welcome! All supplies are included. Registration required.

Using GPS, Maps & Travel Tools

Wednesdays: February 8, 15 (series)

12:30 - 2:30 P.M.

Donation: \$5

This class will cover the use of computer applications for finding, selecting and using map tools, GPS devices and travel tools on computers, Smartphone's, and in your cars. Covers basic steps to setup accounts, open and use applications, and save travel sites for further use on your selected device. Registration required. Instructor: Dan Kupkowski



Valentine's Day Yoga Mini Retreat

Thursday, February 9

12:00 - 4:00 P.M.

Donation: \$10

Destress and focus on self-care during this Valentine's Day themed retreat. Featuring yoga, lunch, a craft project. Please bring a pillow, blanket and yoga mat if you have one. Dress in layers for optimum comfort. Lunch will be served. Registration required. Instructor: Teresa Donoho-Speranza

Pizza & Movie: The Secret Life of Pets

Thursday, February 16

11:00 A.M. - 1:30 P.M.

Donation: \$5

Max is a spoiled terrier who enjoys a comfortable life in a New York building until his owner adopts Duke, a giant and unruly canine. During their walk outside, they encounter a group of alley cats and wind up in a truck that's bound for the pound. Luckily, a rebellious bunny saves them from captivity. In exchange, the bunny demands that Max and Duke join his gang of abandoned pets on a mission against the humans who've done them wrong. Starring: Lake Bell, Jenny Slate, Kevin Hart, Ellie Kemper. *PG-13, 87 mins.* Donation includes movie, pizza, and refreshments. Registration required.

Woven Reed Heart

Monday, February 27

Class A: 9:30 - 11:45 A.M.

Class B: 12:45 - 3:00 P.M. Donation: \$4

Even though Valentine's Day is over, this beautiful three-dimensional heart is for all occasions. It is easy to make, fun to give, and will always bring a smile! Registration required. Instructor: Sue Baptist



Clases de Inglés

Jueves: Enero 19 & Febrero 16

12:00 - 1:00 P.M.

Donación: \$1

El Municipio de Hanover ofrece clases de Inglés como segundo idioma (ESL) para las personas de 55 años o mayor. El instructor cubrira lectura, escritura, y expresión oral. Tenga la oportunidad de aprender Inglés y a la misma vez aga nuevos amigos. Cuidado de niños estara disponible durante la sesión de clases. Para registrarse favor de llamar a Devora Murillo at (630) 483-5667

ESL Classes

Thursdays: January 19 & February 16

12:00 - 1:00 P.M.

Donation \$1

Hanover Township is offering English as a second language (ESL) classes for Spanish speaking clients. The instructor will be covering reading, writing, and speaking. Have the opportunity to learn English as a second language and at the same time make new friends. Childcare will be provided during the class session. To register please call Devora Murillo at (630) 483-5667

Loteria

Jueves: Enero 26 & Febrero 23

12:00 - 1:00 P.M.

Donación \$1

El Grupo Latino jugará 10 rondas de loteria. Los premios sera dulces y una tarjeta de regalo para Stars★N★Stripes Café. Únete a la diversion! Para registrarse favor de llamar a Devora Murillo at (630) 483-5667. El evento sera en Elgin.

Loteria

Thursdays: January 26 & February 23

12:00 - 1:00 P.M.

Donation \$1

The Latino group will play 10 rounds of loteria. The awards will be candy and a Stars★N★Stripes Café gift card. Join the fun! To register please call Devora Murillo at (630) 483-5667.

Travel Opportunities



Upcoming Extended Travel Opportunities

2017 is an exciting year for travel! Take a look at our upcoming offerings.

Rhine River Cruise

April 18 - 28, 2017

Jekyll Island, Savannah, Charleston

October 8 - 14, 2017

Christmas in London

December 6 - 12, 2017

Information presented: January 19, 2017

Milwaukee, WI

June 2017

Information presented: March 2017 TBD

Please contact Sarah Adelpia at (630) 483-5600 or sadelpia@hanover-township.org for more information. Visit our website at <http://www.hanover-township.org/departments/senior-services/programming> to view the trip brochures.

Out Trip Payment Deadline Change

Please note that the payment deadline will vary for many out trips such as theatres, some tours, performances, etc. Many of these trips are paid in full by the Senior Center far in advance and are non-refundable. Because of this, we appreciate your flexibility in honoring the appropriate due dates which you will find in the description of each trip. Payment reminder calls will be made ten days prior to the stated due date.

ComEducation

Tuesday, January 10

10:30 A.M. - 12:00 P.M. Donation: Free
ComEd has been doing work in Hanover Township and the surrounding communities installing smart meters to homes and businesses. The purpose of the presentation is to educate attendees on what a smart meter is, as well as the benefits of the smart meter such as the ability to better manage energy usage. The presentation will last about thirty minutes and there is time for Q & A. Refreshments and giveaway items will be distributed. Registration required.

Fall Prevention with Ardent Care

Wednesday, January 18

1:00 - 2:00 P.M. Donation: Free
Join Tom Toya from Ardent Care Health Group as he discusses Fall Prevention. As the weather changes, falls can be a serious

concern. Tom will discuss the risks for falling, how to maintain a safe environment, and other valuable information. Refreshments will be provided. Registration required.

Latino Group: Movie Day La India Maria

Monday, January 30

10:00 A.M. - 12:00 P.M. Donation: \$1
We will start off the year with a comedy starring Maria Elena Velasco, better known as "La India Maria". The event will take place in the lower level of the Senior Center. Refreshments and light snacks will be served. Please RSVP by calling Diana Mondragon at (630) 483-5660.

Savvy Saving Seniors: Avoiding Scams

Wednesday, February 8

10:30 - 11:30 A.M. Donation: Free
Social Services staff will present the National Council on Aging program, *Savvy Saving Seniors: Steps to Avoiding Scams*. Financial scams are extremely common and affect a large percentage of older adults. Attendees will learn how to identify a scam, what to do if they fall victim, and how to protect yourself. Registration required.

Latino Group: National Heart Health Month

Monday, February 27

10:00 - 11:00 A.M. Donation: \$1
February is National Heart Health Month. Did you know that heart disease is the leading cause of death for men and women? Fortunately, heart disease can

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often be prevented. Come and learn various tips and tricks to maintain a healthy heart. RSVP at (630) 483-5660.

Support Groups

Caring for Our Memory Support Group

Fridays: January 20 & February 17

10:30 A.M. - 12:00 P.M. Donation: Free
In January, we will welcome Pharmacist Chris Scalzitti from The Medicine Stop in Elgin who will discuss various medications available for memory loss and potential concerns. Please bring your questions.

Join us in February for an opportunity to ask general questions or share your concerns about memory loss. You will have a chance to share and connect with others in similar situations. No topic is off limits. Open discussion is welcome during the meetings. Refreshments will be served. Registration required for both sessions.

Caregiver Support Group

Wednesdays: January 25 & February 22

10:30 A.M. - 12:00 P.M. Donation: Free
Join Caregiver Specialist, Debra Bohli-Mitchell, MS, from Catholic Charities Northwest Senior Services and Hanover Township Social Services staff for our monthly Caregiver Support Group. This is a great opportunity to share with others facing the same challenges as well as offer support to others. Newcomers welcome! Light refreshments served. RSVP to Social Services at (630) 483-5660.

Visting Agency Services

The following services are available in the Lower Level Visiting Agency office. Please call (630) 483-5660 with questions about any of the following services.

C-HOPE - Communities Helping Others Persevere Everyday

A licensed psychiatrist is onsite two times per month and can provide psychiatric assessments and medication management to Township senior residents. A therapist is also available two days per week for

individual counseling services. There is no charge for this service. If you are interested, please contact (630) 483-5660 for more information and to schedule a screening appointment.

Catholic Charities - Benefits Eligibility Center AND Aging and Disability Resource Network (ADRN) Services

Wednesdays: January 18, February 15 & Thursdays: January 19, February 16

On Wednesdays, volunteers from CCNW will be onsite to screen for benefits and assist with benefit applications. On Thursdays, a representative from CCNW will be onsite to provide Options Counseling which can assist with long-term support options. Appointments are required and should be made directly with Catholic Charities at (847) 253-5500.

Senior Citizens Will Program

Wednesdays: January 18 & February 15

A licensed attorney provides one free consultation regarding the preparation of a will. If the client wishes, the lawyer can also prepare a low-cost simple will and/or durable power of attorney for property and health care. Other legal services may be available for a fee. Please make an appointment at (630) 483-5660.

Medicare Counseling

Tuesdays: January 3, 17, 31 & February 14, 28

Terry Gavin is a community volunteer onsite every other Tuesday for those new to Medicare or with general questions. He can help navigate Parts A, B, C, and D. If you have questions about supplemental insurance, Terry can help explain the different options, costs, and benefits. [For help with prescription costs or choosing a Part D plan, please see your Social Services Caseworker.](#)

Hanover Township Veterans Specialist

Wednesdays

Hanover Township Veterans Specialist, Stephanie Miller, will be on-site at the Senior Center on Wednesdays from 9:00 A.M. - 4:30 P.M. She also maintains office hours at the Izaak Walton Center on Tuesdays and Fridays. The Veterans Specialist can assist with accessing medical care, providing information and referrals, and obtaining DD214's or other medals earned and not received. Please contact Stephanie Miller for more information or to schedule an appointment at (847) 888-8329.

2016 Adopt-A-Senior Program *THANK YOU*

Hanover Township Senior Services and the Social Services team would like to extend a heartfelt THANK YOU to the Hanover Township community for the generous support of our 2016 Adopt-A-Senior program. As a result of your generous support, over 70 low-income older adult residents received individualized care packages containing essential personal care and home supplies, as well as a few gift items. This program would not be possible without the generous support and donations from individuals, local businesses, other partnerships, and staff! THANK YOU SO MUCH! We wish you and your family a happy and healthy 2017!

Scam Alert

There is a common scam involving people pretending to be with the IRS and scaring individuals into sending money to pay off tax debt. Be aware that there is a new development to this scam. Victims are now receiving fake documents through the mail. A notice labeled "CP2000" for tax year 2015 is sent in an official looking letter. The notice warns people they owe taxes related to the Affordable Care Act. If you suspect your mail is fraudulent, please contact the IRS at (800) 366-4484, the Federal Trade Commission complaint center, or the Attorney General at (800) 386-5438.

Benefits Screenings

All Social Services staff are trained Senior Health Insurance Program (SHIP) Counselors. We can assist you if you have questions about Medicare, health benefits, claims, grievances, or supplements. Social Services staff can also meet with individuals to screen for any available public benefits, programs, and resources. Please contact us today at (630) 483-5660 to schedule an appointment or for any questions about the following programs.

Supplemental Nutrition Assistance Program (SNAP)

SNAP is a great way to boost your food budget. SNAP provides a monthly benefit on a card that can be used at grocery stores. To qualify, a single household with a person over the age of sixty, or with a disability, needs to have monthly income less than \$1,980. If the household is a cou-

ple, the income must be less than \$2,670. Income limits for households under the age of sixty are less; please call (630) 483-5660 for further details. In order to apply, your caseworker would need proof of identity, income, housing costs, and medical expenses.

LIHEAP (Low Income Home Energy Assistance Program)

The LIHEAP Program is available for income-eligible homes to receive assistance with gas and electric bills. Gross monthly income must be less than \$1,485 for an individual and \$2,003 for a couple. Please be sure to bring Social Security cards for every member of the household, most recent gas and/or electric bills, and proof of monthly income for every member of the household.

The LIHEAP Furnace program is also available to income-eligible individuals who

are on the LIHEAP program and who have a furnace that is non-operational or has been red-tagged by the utility company. The Furnace Program restores the heating system back to a safe and effective operation. All utilities must be connected before any furnace work can be completed. In addition to the documents needed for the LIHEAP program, applicants must provide proof of home ownership. Both programs are available until funds are exhausted. Contact Social Services at (630) 483-5660 for more details.

Benefit Access Program

The Benefit Access Program provides two benefits which include a discount on the renewal of one vehicle's license plate per household and the Ride Free Transit Pass. Applicants must file online at: <http://www.illinois.gov/aging/BenefitsAccess/Pages/default.aspx>

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If you would like assistance completing your application, please contact Social Services at (630) 483-5660. The income guideline for the program is based on total income in 2016 - the income limit last year was \$27,610 for a single household and \$36,635 for a couple. These income limits may change, because new income guidelines have yet to be released. You will need to bring proof of your 2016 income documentation from all sources, including Social Security. Applicants must reapply every two years. If you completed an application and were approved in 2015, you will need to file a new application 90 days before the expiration in 2017. If you are not sure about your status or have questions, call us at (630) 483-5660.

Spanish

Latino Group: Dia de Pelicula *La India Maria*

Lunes, Enero 30

10:00 A.M. - 12:00 P.M. Donación: \$1
Empezaremos el año con una comedia de Maria Elena Velasco, mejor conocida como *La India Maria*. El evento se llevará a cabo en el nivel inferior del Centro Para Mayores. Refrescos y palomitas serán servidos. Por favor confirme su asistencia llamando a Diana Mondragon al (630) 483-5660.

Grupo Latino: Mes Nacional del Corazón

Lunes, Febrero 27

10:00 - 11:00 A.M. Donation: \$1
Febrero es el Mes de la Salud del Corazón. ¿Sabía usted que la enfermedad cardíaca es la principal causa de muerte para hombres y mujeres? Afortunadamente, se pueden prevenir las enfermedades del corazón. Venga y aprenda varios consejos y trucos para mantener un corazón saludable. Por favor de reservar llamando a Diana Mondragon al (630) 483-5660.

Programa Asistencia de Nutrición Suplementaria

El Programa de Asistencia de Nutrición Suplementaria (SNAP, anteriormente

cupones de comida) ayuda a los hogares elegibles con un beneficio mensual para los gastos de comida. Si una de sus resoluciones de Año Nuevo era estirar su presupuesto, SNAP le puede ayudar. La elegibilidad del programa ha cambiado. Empezando octubre 2016, un hogar de una persona debe ganar menos de \$1,980 y un hogar de 2 personas no debe ganar menos de \$2,670. Para completar una solicitud, se necesita pruebas de identidad, ingresos, gastos de vivienda (luz, gas, agua, renta, impuestos de propiedad), y gastos médicos. Para más información sobre el programa o para hacer una cita, por favor llame al (630) 483-5660.

Programa de LIHEAP y Calefacción

El Programa LIHEAP está disponible para asistir los hogares con las facturas de luz y de gas. El programa comenzó septiembre 2016 y si no ha completado una solicitud, llámenos para hacer una cita. El ingreso mensual bruto debe ser menos de \$ 1,471 para una persona y \$ 1,991 para una pareja. Por favor, asegúrese de traer las tarjetas de Seguro Social de cada miembro del hogar, las facturas más recientes de luz y gas, y pruebas de ingreso mensual para cada miembro del hogar. Las facturas de luz y gas deben estar bajo el nombre de una persona viviendo en el hogar.

En adicional, la organización CEDA también ofrece un programa de calefacción gratis que sustituye a los calentones que no son operables o han sido marcados rojos por la compañía de gas. Para ser elegibles, los hogares deben de completar una solicitud de LIHEAP y la luz y el gas deben estar conectados antes de que se pueda completar cualquier trabajo de la calefacción. Además de los documentos necesarios para el programa LIHEAP, los solicitantes deben ser los dueños de la casa. Los solicitantes deben proporcionar dos pruebas de la propiedad de la vivienda. Ambos programas están disponibles hasta que se agoten los fondos.

Comuníquese con Servicios Sociales al (630) 483-5660 para más información.

Transportación

No quiere manejar debido a la nieve o simplemente no puede manejar? El Municipio de Hanover ofrece transportación a los residentes del municipio mayores de 55 años o mayores de 18 años con discapacidad a cualquier lugar dentro del municipio. Se da transporte a las primeras personas que llaman a hacer citas dando prioridad a las citas medicas. Uno puede reservar el autobus para citas medicas asta 6 semanas antes y por lo menos 48 horas de antelacion. Por favor tenga la dirección del lugar, el nombre del medico, numero de telefono, y hora de la cita cuando llame para solicitar el transporte. Uno puede llamar para hacer la cita de transporte de lunes a viernes de 7:30 A.M. - 3:30 P.M. y los autobuses operan de lunes a viernes de 8:00 A.M. - 3:30 P.M. y sabados de 8:00 A.M. - 12:30 P.M. Se sugiere una donación de \$1 por cada paseo.

En adicional, el Programa TRIP esta dedicado a dar transporte a citas medicas fuera del borde del municipio. Estos autobuses van a hospitals: Good Shepard, Hines, Loyola, Northwestern, Rush Presbyterian, Stroger Cook County Hospital, y University of Illinois Medical Center. El costo es de \$5 por cruzar cada borde de municipio y maximo costar \$10 por paseo. Para más información, llame al (630) 483-5660.

Servicios Sociales

El Departamento de Servicios Sociales le puede ayudar aplicar a programas del gobierno y del estado. Las trabajadoras sociales estan entrenadas y calificadas a completar las solicitudes. Unos de los programas disponibles son SNAP, Medicaid, LIHEAP, y Programa de Calificacion. En adicional, las trabajadoras sociales estan certificadas en Medicare y le pueden ayudar a inscribirse o a entender como trabaja la seguridad. Si esta en necesidad y no estamos en la posicion para ayudarle, podemos referirlos a organizaciones que si le pueden ayudar. Si necesita mas informacion o desea aser una cita, por favor de llamar al (630) 483-5660.

2017 January Registration

Name (please print) _____ Phone _____ Email Address _____

Address _____ City _____ Zip Code _____ Date of Birth _____

Emergency Contact Name & Relationship _____ Emergency Contact Phone Number _____

Please email me the Club 59 digital version instead of sending me a paper copy.

Please check one:

- Hanover Township Resident I enclose \$25 Non-Township annual user fee required to participate in paid programs
 Non-Township Resident

Mobility Aid (Circle if used):

- Wheelchair Walker with Seat
 Standard Walker Oxygen

| Sign Up | Office Use | Program Name | Day | Date | Time | | Office Use |
|---------|------------|--|--------------|---------|----------|-----------|-------------|
| | | Izaak Walton - January | | | | | |
| | Confirm | Thyroid Health Awareness | Tues | January | by Appt | Free | Wait List # |
| | Confirm | Candy Bingo | Thurs | Jan 5 | 10:00 AM | Free | Wait List # |
| | Confirm | Dessert with Devora - Puppy Chow | Thurs | Jan 12 | 2:00 PM | \$4 | Wait List # |
| | Confirm | Candy Bingo | Thurs | Jan 12 | 10:00 AM | Free | Wait List # |
| | Confirm | Using Internet Search Tools | Begins Wed | Jan 18 | 9:00 AM | \$5 | Wait List # |
| | Confirm | Pizza & Movie - Alice Looking Glass | Thurs | Jan 19 | 11:00 AM | \$5 | Wait List # |
| | Confirm | Candy Bingo | Thurs | Jan 26 | 10:00 AM | Free | Wait List # |
| | | Social Services - January | | | | | |
| | Confirm | ComEducation | Tues | Jan 10 | 10:30 AM | Free | Wait List # |
| | Confirm | Fall Prevention with Ardent Care | Wed | Jan 18 | 1:00 PM | Free | Wait List # |
| | Confirm | Memory Support Group | Fri | Jan 20 | 10:30 AM | Free | Wait List # |
| | Confirm | Latino Group: Movie Day - La India Maria | Mon | Jan 30 | 10:00 AM | \$1 | Wait List # |
| | | Recreation - January | | | | | |
| | Confirm | Murder Mystery Luncheon <i>Payment due 12-21-16</i> | Wed | Jan 4 | 10:30 AM | \$70 | Wait List # |
| | Confirm | Germany's Rhineland | Thurs | Jan 5 | 6:00 PM | \$6 | Wait List # |
| | Confirm | Thyroid Health Awareness - Astor Ave | Fri | January | by Appt | Free | Wait List # |
| | Confirm | Bingo - Cash Only | Fri | Jan 6 | 1:00 PM | \$10 | Wait List # |
| | Confirm | Billiards: 9-Ball Tournament | Sat | Jan 7 | 10:00 AM | \$5 | Wait List # |
| | Confirm | French Language: Beginner | Begins Sat | Jan 7 | 9:30 AM | \$15 | Wait List # |
| | Confirm | French Language: Intermediate | Begins Sat | Jan 7 | 10:30 AM | \$12/\$15 | Wait List # |
| | Confirm | Eating Healthy As We Age - Part 1 | Mon | Jan 9 | 11:30AM | \$7 | Wait List # |
| | Confirm | Wood Carving | Begins Mon | Jan 9 | 1:00 PM | \$10 | Wait List # |
| | Confirm | Battle of the Bulge: The Forgotten Heroes | Tues | Jan 10 | 5:30 PM | \$6 | Wait List # |
| | Confirm | Lunch Bunch: Buca di Beppo | Wed | Jan 11 | 11:00 AM | \$30 | Wait List # |
| | Confirm | Bunco - Cash Only | Thurs | Jan 12 | 1:30 PM | \$5 | Wait List # |
| | Confirm | Spanish Language: Beginner | Begins Thurs | Jan 12 | 5:00 PM | \$15 | Wait List # |
| | Confirm | Spanish Language: Intermediate | Begins Thurs | Jan 12 | 6:00 PM | \$12/\$15 | Wait List # |

Registration Forms received by December 10 are processed in Lottery Number order.

January Registration 2017

| Sign Up | Office Use | Program Name | Day | Date | Time | | Office Use |
|---------|------------|---|--------------|-------------|----------|------|-------------|
| | Confirm | Evening Bingo - Cash Only | Thurs | Jan 12 | 6:00 PM | \$10 | Wait List # |
| | Confirm | Legendary Lake Michigan Shipwrecks | Tues | Jan 17 | 5:30 PM | \$6 | Wait List # |
| | Confirm | Museum of Broadcast Communications Circle: Prime Rib Turkey Club Rigatoni | Wed | Jan 18 | 8:30 AM | \$40 | Wait List # |
| | Confirm | Travel Presentation: Christmas in London | Thurs | Jan 19 | 1:30 PM | Free | Wait List # |
| | Confirm | Newbie Introduction to Yoga | Thurs | Jan 19 | 4:30 PM | Free | Wait List # |
| | Confirm | Bingo - Cash Only | Fri | Jan 20 | 1:00 PM | \$10 | Wait List # |
| | Confirm | Eating Healthy As We Age - Part 2 | Mon | Jan 23 | 11:30 AM | \$7 | Wait List # |
| | Confirm | Evening Concert: Great Classic Country Songs | Tues | Jan 24 | 5:30 PM | \$8 | Wait List # |
| | Confirm | AARP Safe Driving Course: HP Police Dept. | Wed & Thurs | Jan 25 & 26 | 10:00 AM | \$14 | Wait List # |
| | Confirm | Drury Lane: Saturday Night Fever Circle: Tilapia OR Roast Beef <i>Payment due 1-3-17</i> | Wed | Jan 25 | 10:15 AM | \$54 | Wait List # |
| | Confirm | Crazy Bunco | Thurs | Jan 26 | 1:30 PM | Free | Wait List # |
| | Confirm | Evening Bingo - Cash Only | Thurs | Jan 26 | 6:00 PM | \$10 | Wait List # |
| | Confirm | TRIAD Pizza & Trivia Party | Fri | Jan 27 | 1:00 PM | Free | Wait List # |
| | Confirm | Poland in Chicago | Sat | Jan 28 | 10:30 AM | \$6 | Wait List # |
| | Confirm | Dish with the Director | Tues | Jan 31 | 12:00 PM | Free | Wait List # |
| | Confirm | Pizza & Movie: Wild Oats | Tues | Jan 31 | 5:30 PM | \$5 | Wait List # |
| | | Arts & Crafts - January | | | | | |
| | Confirm | Ceramics A | Begins Tues | Jan 3 | 9:30 AM | \$12 | Wait List # |
| | Confirm | Ceramics B - NEW ADDITION | Begins Tues | Jan 3 | 12:45 PM | \$12 | Wait List # |
| | Confirm | Drawing Portraits inspired by Gustav Klimt | Begins Tues | Jan 3 | 5:30 PM | \$35 | Wait List # |
| | Confirm | Ceramics C | Begins Wed | Jan 4 | 9:30 AM | \$12 | Wait List # |
| | Confirm | Ceramics D | Begins Wed | Jan 4 | 12:45 PM | \$12 | Wait List # |
| | Confirm | Watercolor A: Bull's Eye Technique | Begins Thurs | Jan 5 | 9:30 AM | \$28 | Wait List # |
| | Confirm | Watercolor B: Bull's Eye Technique | Begins Thurs | Jan 5 | 12:45 PM | \$28 | Wait List # |
| | Confirm | Mixed Media: Storytelling with Collage | Begins Fri | Jan 6 | 9:30 AM | \$14 | Wait List # |
| | Confirm | White-Line Printmaking | Begins Mon | Jan 9 | 9:30 AM | \$20 | Wait List # |
| | | Computer - January | | | | | |
| | Confirm | Safe Online Shopping | Begins Fri | Jan 6 | 9:00 PM | \$5 | Wait List # |
| | Confirm | MOOC's (The Education Revolution) | Mon | Jan 9 | 9:00 AM | \$2 | Wait List # |
| | Confirm | Windows 8.1 Introduction | Begins Fri | Jan 20 | 9:00 AM | \$5 | Wait List # |
| | Confirm | Recipes and the Internet | Begins Mon | Jan 23 | 9:00 AM | \$5 | Wait List # |

Registration Forms received by December 10 are processed in Lottery Number order.

2017 February Registration

Name (please print) _____ Phone _____ Email Address _____

Address _____ City _____ Zip Code _____ Date of Birth _____

Emergency Contact Name & Relationship _____ Emergency Contact Phone Number _____

Please email me the Club 59 digital version instead of sending me a paper copy.

Please check one:
 Hanover Township Resident I enclose \$25 Non-Township annual user fee required to participate in paid programs
 Non-Township Resident

Mobility Aid (Circle if used):
 Wheelchair Walker with Seat
 Standard Walker Oxygen

| Sign Up | Office Use | Program Name | Day | Date | Time | | Office Use |
|---------|------------|--|-------|------------|----------|------|-------------|
| | | Izaak Walton - February | | | | | |
| | Confirm | Pinteresting -Valentine Centerpiece | Thurs | Feb 2 | 10:00 AM | \$5 | Wait List # |
| | Confirm | Dessert with Devora - Chocoflan | Thurs | Feb 2 | 2:00 PM | \$4 | Wait List # |
| | Confirm | Check Cholesterol: Heart Awareness Month | Tues | February | by Appt | Free | Wait List # |
| | Confirm | Using GPS, Maps & Travel Tools | Wed | Feb 8 & 15 | 12:30 PM | \$5 | Wait List # |
| | Confirm | Candy Bingo | Thurs | Feb 9 | 10:00 AM | Free | Wait List # |
| | Confirm | Valentine's Day Yoga Mini Retreat | Thurs | Feb 9 | 12:00 PM | \$10 | Wait List # |
| | Confirm | Pizza & Movie - The Secret Life of Pets | Thurs | Feb 16 | 11:00 AM | \$5 | Wait List # |
| | Confirm | Candy Bingo | Thurs | Feb 23 | 10:00 AM | Free | Wait List # |
| | Confirm | Woven Reed Heart A | Mon | Feb 27 | 9:30 AM | \$4 | Wait List # |
| | Confirm | Woven Reed Heart B | Mon | Feb 27 | 12:45 PM | \$4 | Wait List # |
| | | Social Services - February | | | | | |
| | Confirm | Savvy Saving Seniors: Avoiding Scams | Wed | Feb 8 | 10:30AM | Free | Wait List # |
| | Confirm | Memory Support Group | Fri | Feb 17 | 10:30 AM | Free | Wait List # |
| | Confirm | Latino Group: National Heart Month | Mon | Feb 27 | 10:00 AM | \$1 | Wait List # |
| | | Recreation - February | | | | | |
| | Confirm | Adler Planetarium - <i>Payment due 1-17-17</i> | Wed | Feb 1 | 9:00 AM | \$21 | Wait List # |
| | Confirm | Seven Wonders of the World | Thurs | Feb 2 | 4:30 PM | \$6 | Wait List # |
| | Confirm | Check Cholesterol: Heart Awareness Month | Fri | February | by Appt | Free | Wait List # |
| | Confirm | Bingo - Cash Only | Fri | Feb 3 | 1:00 PM | \$10 | Wait List # |
| | Confirm | Roadside History of Illinois | Sat | Feb 4 | 10:30 AM | \$6 | Wait List # |
| | Confirm | Rosewood: Delevan, WI - <i>Payment due 1-27-17</i> Circle: Pork Meatloaf Cod Chicken | Wed | Feb 8 | 10:30 AM | \$60 | Wait List # |
| | Confirm | Poplar Creek Library Book Discussion | Thurs | Feb 9 | 10:15 AM | Free | Wait List # |
| | Confirm | Bunco - Cash Only | Thurs | Feb 9 | 1:30 PM | \$5 | Wait List # |
| | Confirm | Evening Bingo - Cash Only | Thurs | Feb 9 | 6:00 PM | \$10 | Wait List # |
| | Confirm | Love Your Leftovers Circle: Deli Sandwich OR Pasta Shells | Fri | Feb 10 | 11:30 AM | \$7 | Wait List # |

February Registration 2017

| Sign Up | Office Use | Program Name | Day | Date | Time | | Office Use |
|---------|------------|--|-------------|--------|----------|------|-------------|
| | Confirm | California Here We Come | Sat | Feb 11 | 10:30 AM | \$6 | Wait List # |
| | Confirm | St Valentine's Day Massacre | Tues | Feb 14 | 6:30 PM | \$6 | Wait List # |
| | Confirm | Lyric Opera: Carmen - <i>Payment due 1-13-17</i> | Wed | Feb 15 | 10:30 AM | \$73 | Wait List # |
| | Confirm | Bingo - Cash Only | Fri | Feb 17 | 1:00 PM | \$10 | Wait List # |
| | Confirm | FDR: A Fireside Chat-Living History Impersonation | Tues | Feb 21 | 4:30 PM | \$7 | Wait List # |
| | Confirm | Lunch Bunch: Slyce Coal Fired Pizza Co. | Wed | Feb 22 | 10:30 AM | \$25 | Wait List # |
| | Confirm | Crazy Bunco | Thurs | Feb 23 | 1:30 PM | Free | Wait List # |
| | Confirm | Newbie Introduction to Yoga | Thurs | Feb 23 | 11:30 AM | Free | Wait List # |
| | Confirm | Evening Bingo - Cash Only | Thurs | Feb 23 | 6:00 PM | \$10 | Wait List # |
| | Confirm | Heart Healthy Meal Makeover Circle: Chicken Sandwich OR Beef Chili | Fri | Feb 24 | 11:30 AM | \$7 | Wait List # |
| | Confirm | Book Club & Movie | Sat | Feb 25 | 9:30 AM | \$2 | Wait List # |
| | Confirm | Dish with the Director | Tues | Feb 28 | 12:00 PM | Free | Wait List # |
| | Confirm | Pizza & Movie: Demolition | Tues | Feb 28 | 5:30 PM | \$5 | Wait List # |
| | | Arts & Crafts - February | | | | | |
| | Confirm | Make A Mug | Begins Sat | Feb 4 | 9:00 AM | \$12 | Wait List # |
| | Confirm | Ceramics A | Begins Tues | Feb 7 | 9:30 AM | \$12 | Wait List # |
| | Confirm | Ceramics B - NEW ADDITION | Begins Tues | Feb 7 | 12:45 PM | \$12 | Wait List # |
| | Confirm | Ceramics C | Begins Wed | Feb 8 | 9:30 AM | \$12 | Wait List # |
| | Confirm | Ceramics D | Begins Wed | Feb 8 | 12:45 PM | \$12 | Wait List # |
| | Confirm | Watercolor & Wine: escape to the Beach | Thurs | Feb 16 | 5:30 PM | \$20 | Wait List # |
| | | Computer - February | | | | | |
| | Confirm | Email Introduction | Begins Fri | Feb 3 | 9:00 AM | \$5 | Wait List # |
| | Confirm | Buying & Selling on EBay | Begins Mon | Feb 6 | 9:00 AM | \$5 | Wait List # |
| | Confirm | Buying & Selling on EBay | Begins Fri | Feb 17 | 9:00 AM | \$5 | Wait List # |

- Completed forms returned by December 10 are assigned a random Lottery Number for each month. You may fax your form to us at (630) 483-5690.
- One name per form. To register with another person, staple your forms together. Maximum of two forms combined please.
- After processing, your form is mailed back to you. All confirmed events requiring a

donation can be made in one payment; checks payable to *Hanover Township*. Do not send payment for Wait List events.

- An annual Non-Resident fee of \$25.00 is required to attend paid programs including exercise classes.
- Payments must be received 10 days prior to the event or class.

- Anyone who is experiencing financial difficulty and has a desire to attend an off-site party can request assistance from the Senior Committee funds. Anyone 55+ years of age and a resident of Hanover Township can take advantage of our services. Hanover Township residents have priority in registration over non-residents.

Learn about Thyroid Health for Thyroid Awareness Month

Tuesdays in January at 
9:00 A.M. - 4:00 P.M.

Fridays in January at Astor

9:00 A.M. - 4:00 P.M. Donation: Free

It is estimated that 15 million Americans have undiagnosed thyroid problems. The thyroid is a small butterfly-shaped gland located in the neck that produces thyroid hormones that are very important for regulating your body. Meet with the nurse for a one-on-one health education session to review the risk factors, signs, and symptoms of thyroid disease. Learn how to do a self-exam neck check that you can do monthly for early detection of thyroid problems. Registration required. After registration the Office of Community Health staff will call you to schedule your appointment.



Murder Mystery Luncheon

Wednesday, January 4

10:30 A.M. - 3:30 P.M. Donation: \$70

Payment Deadline: December 21

An exciting mystery luncheon awaits at the Oscar Swan Estate in Geneva! Upon your arrival the mystery will begin with a new identity and clues. During your luncheon murders will occur, and you must help solve the case in order to find out Who-Dun-nit? Menu includes parmesan crusted chicken, garden salad, pasta, dessert, coffee/iced tea. Registration required.

Germany's Rhineland

Thursday, January 5

6:00 - 7:00 P.M.

Donation: \$6

We'll visit the charming Mosel Valley and its quaint wine villages set in steep vineyards under castles; and the more famous Rhine with its mighty castles that beg further exploration. Highlights include

Aachen, Europe's capital under Charlemagne in the 8th and 9th century, Cologne and its massive cathedral, and Trier, Germany's oldest town. Light refreshments will be served. Registration required. Presented by world traveler, Ralph Daniels.

Bingo

Fridays: January 6, 20 & February 3, 17

1:00 - 3:00 P.M.

Donation: \$10 CASH ONLY

Play bingo for cash prizes! Players have the option to purchase ONE additional bingo card packet for \$5 on bingo day. Please have your cash payment to the receptionist FIVE DAYS before game day. Good luck to you! Registration required.



Care for Soul, Inc.
 IN-HOME CARE SERVICE FOR SENIORS

• Do you have an elderly loved one at home?
 • Are you aging alone at home?

LOCATIONS

| | |
|---|---|
| NILES 9186 W. Golf Road Niles, IL 60714 T: 847.983.0041 F: 847.983.4756 | HANOVER PARK 2426 W. Army Trail Rd. Hanover Park, IL 60133 T: 630.855.5339 F: 630.855.5349 |
| CHICAGO 2705 W. Devon Ave. Chicago, IL 60659 T: 773.654.1236 F: 773.654.1240 | SCHAUMBURG 943 W. Golf Road Schaumburg, IL 60194 T: 847.278.1294 F: 847.278.1561 |

WHO IS ELIGIBLE

- 60 years old and above
- U.S. Citizen or Permanent Resident
- Limited physical activities.

WHAT CAN WE DO FOR SENIORS

Our dedicated well trained team of Care Givers will assist you and provide the care you need.

FUNDED BY ILLINOIS DEPARTMENT ON AGING THROUGH COMMUNITY CARE PROGRAM AND DHS

our SENIOR CENTER
 The Online Directory of Senior Centers

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WestbrookSeniorLiving.com

Independent Living
 Assisted Living
 Transitional Memory Care
 Memory Care

A SPECTRUM RETIREMENT COMMUNITY 

Billiards: 9-Ball Tournament

Saturday, January 7

10:00 A.M. - 12:00 P.M. Donation: \$5

Are you the next Senior Center 9-Ball Champion? Prizes will be awarded to 1st and 2nd place winners! Light refreshments will be served. Registration required. Facilitator: Tom Pope

French Language: Beginner

Saturdays: January 7, 21, 28 & February 4, 11, 25 (6 week course)

9:30 - 10:30 A.M. Donation: \$15

Learn this Romance language in a fun and relaxed atmosphere. This 6-week course will cover pronunciation as well as basic words and phrases. Learn how to order a meal on your next trip to Paris (or the closest French restaurant!) Registration required. Instructor: Cesar Grimaldo

French Language: Intermediate

Saturdays: January 7, 21, 28 & February 4, 11, 25 (6 week course)

10:30 - 11:30 A.M. Donation: \$12 (if also signed up for beginner)

This intermediate class is for those who have taken a French Language course in the past and is comfortable with pronunciation and basic words and phrases. Registration required. Instructor: Cesar Grimaldo

Start your year out light, eating healthy as we age - Part 1

Monday, January 9

11:30 A.M. - 1:00 P.M. Donation: \$7

We will discuss healthy food options and tips for enjoying your favorite meals with some smart food swaps that will have you feeling good and satisfied. Your lunch choice for this day will be a cold and refreshing salmon Caesar, salmon filet, romaine, asiago, homemade asiago cheese croutons & Caesar dressing OR

Reuben sandwich corned beef, sauerkraut, Swiss cheese, thousand island dressing, dark rye bread. Both served with a chicken and wild rice soup, melon, and skim milk, and a healthy treat. Please have your meal choices to the front desk by Friday, December 30 to ensure your favorite meal choice. Registration required.

Wood Carving

Mondays: January 9 - February 27

1:00 - 3:00 P.M. Donation: \$10

This class will familiarize you with the basic techniques of wood carving, and allow you to carve your own piece. Each participant will be given a wood carving glove as well as a thumb guard to keep, knives will be available to use, with the option to purchase upon the conclusion of the class. Registration required. *No class on January 2, 16 and February 20.* Instructor: Jerry Shorey

Battle of the Bulge: The Forgotten Heroes

Tuesday, January 10

5:30 - 6:30 P.M. Donation: \$6

Although the Battle of the Bulge was Western Europe's largest battle of WWII and eventually involved over one million combatants, German plans for turning the tide of the war were defeated by small groups of American soldiers. In this presentation by historian Robert Mueller, you'll revisit the places and remember the men who beat Hitler's last desperate gamble. Light refreshments will be served. Registration required.

Lunch Bunch: Buca di Beppo Wheeling



Wednesday, January 11

11:00 A.M. - 3:00 P.M. Donation: \$30

Buca di Beppo celebrates recipes handed down from generation to generation by Italian immigrants. Their dishes are served family-style, meant to be shared by the entire table. Every Buca di Beppo offers an eclectic setting designed to make every occasion a party! Today we will enjoy a mixed green salad or apple gorgonzola salad, spaghetti marinara, chicken parmigiana, and a chocolate chip cannoli. You will not leave hungry! Registration required.

Bunco!

Regular Bunco

Thursdays: January 12, February 9

1:30 P.M. Donation: \$5 (CASH ONLY)

Crazy Bunco

Thursdays: January 26, February 23

1:30 P.M.

Donation: 3 White elephant gifts

Bunco enthusiasts, please join us for these registered play times. Regular Bunco is played on the second Thursday of each month at 1:30 P.M. Players are suggested to donate \$5 to play for prizes. Crazy Bunco is played on the fourth Thursday of each month at 1:30 P.M. Players are requested to bring three wrapped "white elephant" items from home to use as prizes. Registration required.

Spanish Language: Beginner

Thursdays: January 12, 19, 26 & February 2, 9, 16 (6 week course)

5:00 - 6:00 P.M. Donation: \$15

Spanish is the most common second language of English speakers. This beginner class will cover pronunciation as well as basic words and phrases. Instructor: Cesar Grimaldo. Registration required.

Categories are based on the amount of walking required on trips. Ratings are subjective; what is easy for one, may be difficult for another:



Little Walking to / from bus, theaters, dining



Moderate Walking casinos with longer walks, outdoor tours with trams



Heavy Walking Navy Pier, zoos, museums, shopping at stores

Spanish Language: Intermediate

Thursdays: January 12, 19, 26 & February 2, 9, 16 (6 week course)

6:00 - 7:00 P.M.

Donation: \$12 (if also signed up for beginner)

This intermediate class is for those who have taken a Spanish Language course in the past and are comfortable with pronunciation and basic words and phrases. Registration required. Instructor: Cesar Grimaldo

Evening Bingo - Sponsored by Lexington Healthcare

Thursdays: January 12, 26 & February 9, 23

6:00 P.M. - 8:00 P.M.

Donation: \$10 (CASH ONLY)

Play bingo for cash prizes at NIGHT! Players have the option to purchase ONE additional bingo card packet for \$5 on game night. Please have your cash payment to the receptionist FIVE days before game day. Snacks may be purchased before and during your bingo game. No bus services on these evenings. Registration required

Legendary Lake Michigan Shipwrecks

Tuesday, January 17

5:30 - 6:30 P.M.

Donation: \$6

Littered on the bottom of the Great Lakes are the remains of more than 600 shipwrecks gone missing since the late 1600s. Over 20 percent of those vessels have come to rest on the bottom of Lake Michigan. They became even more famous after their discoveries than at the time of their losses! You'll learn about what caused some of these shipwrecks as well as recent efforts to conserve and preserve information and recovered artifacts. Light refreshments served and registration required.

Museum of Broadcast Communications Tour & Lunch



Wednesday, January 18

8:30 A.M. - 4:00 P.M.

Donation: \$40

The Museum of Broadcast Communications collects, preserves, and presents historic and contemporary radio and television content. We will tour their wide variety of radio and television displays as well as interactive programs including the classic WGN sets, working radio, and television studios, and Oprah's Door through which she made her famous grand entrance each day! After our visit, we will walk next door to Harry Caray's Italian Steakhouse where we will enjoy Italian wedding soup with fried kale, and your choice of sliced prime rib with horseradish cream on French bread with au jus and Holy Cow! chips, roasted turkey club with apple wood smoked bacon, and basil aioli on whole grain bread with Holy Cow! chips; or rigatoni vodka with mascarpone cheese and shaved parmigiano-reggiano. All meals come with freshly baked fudge brownies and assorted cookies. Registration required.

Travel Presentation: Christmas in London with Collette Tours

Thursday, January 19

1:30 - 2:30 P.M.

Donation: Free

Collette Tours will be on site to discuss this 7 day trip scheduled for December 6 - 12, 2017. This trip features a panoramic tour of London, tour of Blenheim Palace (birthplace of Winston Churchill), a Christmas show in one of London's finest theatres, a special dinner at a traditional pub, a Christmas dinner inspired by Charles Dickens, London's famous Christmas markets, and Oxford's historic Broad Street. Registration required.

Newbie Introduction to Yoga

*Thursday: January 19
4:30 - 5:30 P.M.*

Thursday, February 23

11:30 A.M. - 12:30 P.M. Donation: Free

Are you interested in learning more about Yoga and its numerous physical, mental, and spiritual benefits? Did you know that Yoga classes are offered at the Senior Center four days a week? This class is for those who have never taken Yoga before and want to familiarize themselves with the practice. Bring your questions, concerns and an open mind! Mats will be provided, or you may bring your own. Facilitated by yoga instructor, Teresa Donoho-Speranza. The same class is offered on January 19 and February 23. Please register for one.

Start your year out light, eating healthy as we age - Part 2

Monday, January 23

11:30 A.M. - 1:00 P.M.

Donation: \$7

A continued discussion about meal options food swaps and how portion control can help you reach or maintain your health goals. Healthy snacking options will be available to try! Your lunch choice for this day will be a crusty sundried tomato basil chicken flatbread OR Italian meatball sliders. Both served with a hearty minestrone soup, apple, and skim milk and a healthy treat. Please have your meal choices to the front desk by January 13 to ensure your favorite meal choice. Registration required.

Evening Concert: Great Classic Country Songs

Tuesday, January 24

5:30 - 6:30 P.M.

Donation: \$8

The concert features country favorites by musician, Steve Justman. Moretti's appetizers are included Registration required.

Cancellation & Refund Procedure

Persons who have registered, but not paid 10 days prior to the program, will receive a reminder call with the payment due date. If the donation has not been received by the

due date, the participant's name will be removed from the program. Refunds will not be issued unless the space can be filled. The only exception would be in the event of a hospitalization.

All refunds can be applied to your account or you can receive cash for refunds under \$25 or a check for refunds over \$25. Checks will be mailed to your address on record.

AARP Safe Driving Course: Hanover Park Police Department

Wednesday, January 25
Thursday, January 26

10:00 A.M. - 2:00 P.M.

Donation: \$14 AARP Members
\$20 Non-Members

The AARP Driver Safety Program is an 8-hour classroom refresher that can help you learn the effects of aging on driving and the adjustments you can make to your driving. You will receive a certificate when you successfully complete the course. Some insurance companies will discount when the certificate is presented. PLEASE BRING YOUR PAYMENT TO CLASS ON JANUARY 25. Payments WILL NOT be collected at Hanover Township. Please note this class takes place at the Hanover Park Police Department, 2011 Lake Street, Hanover Park. Participants must attend both days to receive credit for the class. Classes are instructed in English, but are available in other languages at multiple locations. Please visit AARP.com to find a location near you.

Saturday Night Fever Drury Lane



Wednesday, January 25

10:15 A.M. - 5:00 P.M. Donation: \$54

Payment Deadline: January 3

Grab your bell-bottoms and take a trip back in time. Based on the 1977 hit film, Saturday Night Fever follows Brooklyn teen, Tony Manero, in his attempt to escape his tribulations by spending weekends at the local discotheque. Watch as Tony tries to win the admiration of the crowd as well as his heartthrob, Stephanie Mangano, with his electric moves. Featuring Bee Gees songs such as *Stayin' Alive* and *More Than a Woman*. *Saturday Night Fever* is a nostalgic classic that will bring you dancing in the aisle. Lunch includes soup, pecan crusted tilapia or roast beef in a red wine mushroom sauce (choose one), and dessert. Registration required.

TRIAD Pizza & Trivia Party

Friday, January 27

1:00 - 2:00 P.M.

Donation: Free

This month's TRIAD will include trivia from the various activities that happened throughout 2016. Bring your thinking caps and come hungry because we will have pizza and pop for all who participate. Registration required.

Poland in Chicago; Chicago in Poland

Saturday, January 28

10:30 - 11:30 A.M.

Donation: \$6

Outside of Warsaw, Chicago has the world's largest Polish population, but throughout the years much of that culture has been lost, mingled with others, or persists in the staunchest ways. Learn about the challenges of Polish immigration from the early 1800s to the present, and some of the traditions of Polish culture. Enjoy this multimedia presentation by Donna Urbikas who emigrated to Chicago as a child and wrote her memoir entitled, *My Sister's Mother: A Memoir of War, Exile and Stalin's Siberia*. Light refreshments served. Registration required.

Dish with the Director

Tuesday, January 31

12:00 P.M.

Donation: Free

Join Director of Senior Services, Tracey Colagrossi for lunch. Learn about the happenings at the Senior Center, ask questions, complimentary lunch and a great time! Available to the first ten registrants, the menu choice is fresh fish fillet with lemon herbed butter or chicken cacciatore, both served with rice, roll, roasted carrot soup, and fruit pie for dessert.

Pizza & Movie: Wild Oats

Tuesday, January 31

5:30 - 7:30 P.M.

Donation: \$5

Eva (Shirley MacLaine), a widow and retired history teacher, enjoys a quiet life. Everything changes when she receives a life insurance check accidentally made out for \$5,000,000 instead of the expected \$50,000. At the not-so-gentle urging her

best friend Maddie (Jessica Lange), Eva deposits the money and the two friends head to the Canary Islands with every intention of living it up. But their fantasy is short-lived when they discover that they have become media sensations overnight. Fugitives from justice, the two are forced to outwit a trio of con men, led by the local Wine "warlord" and outmaneuver a dogged life insurance agent. *PG-13, 91 min.* Registration required.

Check your Cholesterol for Heart Awareness Month

Tuesdays in February at



9:00 A.M. - 4:00 P.M.

Fridays in February at Astor

9:00 A.M. - 4:00 P.M.

Donation: Free

Heart disease (which includes conditions such as coronary artery disease, stroke, and heart failure) is the leading cause of death for both men and women in the United States. Learn about the risk factors, signs, and symptoms for heart disease. Have a finger-stick screening for total cholesterol, HDL, LDL, triglycerides, and glucose for a reduced fee of \$15. You will receive your results in the same visit. After registration, our Office of Community Health staff will call you to schedule your appointment. Registration required. After registration the Office of Community Health staff will call you to schedule your appointment. Fasting for 12 hours is required.



Adler Planetarium

Wednesday, February 1

9:00 A.M. - 4:30 P.M.

Donation: \$21

Payment Deadline: January 17

The Adler is home to three full size theaters, extensive space science exhibitions, and a significant collection of antique scientific instruments, and print materials. In addition, the Adler boasts the Doane Observatory, one of the only research-active, public, urban observatories. This lakeside observatory is the only place in Chicago where the public can see planets, stars, and galaxies up-close and in person. Donation



includes admission to the museum and the show *Planet Nine*. Lunch is on your own at the museum café. Registration required.

Seven Wonders of the World

Thursday, February 2

4:30 - 5:30 P.M.

Donation: \$6

World traveler, Bill Helmuth is back to take you through the Seven Wonders of the World. These international masterpieces include Rome's Colosseum, The Great Wall of China and the Taj Majal in India. Bill has been to them all and will escort you first class in the context of their historical grandeur. Light refreshments served. Registration required.

Roadside History of Illinois

Saturday, February 4

10:30 - 11:30 A.M.

Donation: \$6

Award-winning author, Stan Banash provides a history of the Prairie State via

short trips along the roads less traveled (US highways, state highways, and county roads), taking you to the places where people and events contributed to the state's historic development. In the process, you will learn that there is more to Illinois' history than Abraham Lincoln. He offers a brief overview of his book, *Roadside History of Illinois* offering attendees a window into the state's seven regions. Light refreshments served. Registration required.



Rosewood Delevan, WI

Wednesday, February 8

10:30 A.M. - 5:30 P.M.

Donation: \$60

Payment Deadline: January 27

Rosewood is southeastern Wisconsin's newest live entertainment attraction. We will enjoy a private performance of their *Heart & Soul* show which spotlights love

songs influenced by groups of the 50's and 60's. Revel in the vocal harmonies of The Chordettes, The Beatles, Nat King Cole, the Clovers, The Beach Boys, and much more. In addition to the show you will enjoy your choice of a freshly prepared meal made from scratch using the freshest, locally sourced, and sustainable ingredients. Your options will include pan roasted pork medallions with apple cider glaze, baked Italian style meatloaf, parmesan herb crusted cod, or chicken wild mushroom roasted vegetable pot pie. All meals include chef's choice soup du jour, or baby field greens salad, fresh baked breads, and a delectable dessert. This trip includes luxury motor coach transportation.

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Poplar Creek Library Book Discussion

Thursday, February 9

10:15 - 11:45 A.M. Donation: Free

In February, the Poplar Creek book group will read *A Hero of France*, by Alan Furst. Since 1988, Furst has become well regarded as an author of the *Night Soldiers* novels set in Europe before and during the Second World War; he is a winner of the Hammett Prize, awarded by the International Association of Crime Writers. Readers are asked to get books on their own.

Love Your Leftovers

Friday, February 10

11:30 A.M. - 1:00 P.M. Donation: \$7

A practical discussion about utilizing your leftovers for your benefit. Includes talks about breakfast, lunch, dinner, and dessert options! How many meals can you get out of a single roast chicken that you make or purchase? Come and find out how to maximize your food budget with smart shopping tips like that and many more! Your lunch choice for this day will be an Italian deli sandwich of turkey, ham, cheese with marjoram - caper dressing OR cheese filled pasta shells with marinara and topped with parmesan cheese. Both served with an Italian vegetable stew (ciambotta), and mixed fruit skim milk and a healthy treat. Please have your meal choices to the front desk by February 1 to

ensure your favorite meal choice. Registration required.

California Here We Come

Saturday, February 11

10:30 - 11:30 A.M. Donation: \$6

Between Los Angeles and San Diego there are places which show the history of California. We will re-live some of California's colorful history, visiting the Missions of San Juan Capistrano and San Luis Rey, Leo Carillo's Ranch, and the Old Town of Temecula. Visit Julian, first known for its gold mine, now famous for anything and everything made with apples. Glimpse at some of California's flora, fauna, natural features and an off-beat museum. Light refreshments will be served. Registration required and presented by historian, Sara Drower.

St. Valentine's Day Massacre

Tuesday, February 14

6:30 - 7:30 P.M. Donation: \$6

What better way to spend Valentine's Day than by learning about the St. Valentine's Day Massacre of 1929! For this presentation we welcome back historian, Rich Lindberg, who will shed some light on this legendary event and offer an identification of the perpetrators. Light refreshments served. Registration required.



Lyric Opera: Carmen

Wednesday, February 15

10:30 A.M. - 6:00 P.M. Donation: \$73

Payment Deadline: January 13

Opera has plenty of femmes fatales, but there's only one Carmen. Her allure proves spellbinding as she seduces a hapless corporal and then a dashing bullfighter. You'll feel the heat as you're captivated by Bizet's bewitching melodies — the smoky *Habanera*, the playful *Seguidilla*, the provocative *Gypsy Song*. Every single melody in this ever-popular opera is a beloved hit, and each is brought to life by a cast of spectacular leading artists. Lunch on your own at Portillo's. Registration required.

Franklin D. Roosevelt: A Fireside Chat - Living History Impersonation

Tuesday, February 21

4:30 - 5:30 P.M. Donation: \$7

Historical Impersonator, RJ Lindsey, acts as FDR in this delightful living history program. The president speaks informally about his presidency, Eleanor, Winston Churchill, Orson Wells, and his Scotty dog Fala. Stand with him as he faces the challenges of WWII and the many ifs facing the nation in 1942. At the conclusion of his "Fireside Chat" the President invites audience questions. Light refreshments served. Registration required.

Stars★N★Stripes Café Bucks!

Stop in for lunch and receive a \$1 coupon to apply to a program at the Hanover Township Senior Center, some exclusions apply. The Café offers a choice of two freshly made meals Monday through Friday, 11:00 A.M. to 1:00 P.M. at the Senior Center. The cost of each complete meal is \$6 for ages 59 and younger, \$4 for 60 or better! The Café offers a different choice each day; check out our menus at www.hanover-township.org or call (630) 483-5600 to find out what's cooking! Coupons can be applied to Group Exercise Classes, Arts/Computer Classes, out trips, and more (excludes Bingo, Casino, AARP programs). For Café customers aged 60 and over.

Frequent Diner Program

Who says there is no such thing as a free lunch? Stop into the Stars★N★Stripes Café for your Frequent Diner's Card. Dine in the Café 10 times and your 11th meal is free. The offer is good for diners aged 60 and over. Not valid with any other offer.

You Say it's Your Birthday?

Celebrate your birthday at the Café with a free meal and dessert! Please show proof of your birthday to the cashier. Offer is good once during the month of your birthday.



**Lunch Bunch
Slyce Coal Fired Pizza Co.**

Wednesday, February 22

10:30 A.M. - 2:00 P.M. Donation: \$25

Slyce Coal Fired Pizza's menu is steeped in age old traditions, cooking methods, as well as the best quality ingredients possible. We invite you to join us to sit back, relax and enjoy the true taste of authentic American pizza. On our visit we will enjoy a buffet assortment of coal fired pizza, classic salad, hand rolled Nonna's meatballs, and Italian stuffed mushrooms. Registration required.

Heart Heathy Meal Makeover

Friday, February 24

11:30 A.M. - 1:00 P.M. Donation: \$7

In this demonstration we will talk to you about how the easy swap of ingredients can help your heart, like clever carb-cutting cauliflower swaps! We will demo how to lighten your favorite alfredo cheese sauce with an easy, smart swap! Your lunch choice for this day will be chicken cheesesteak sandwich OR beef chili, with cheddar cheese, green onions. Both served with mixed garden salad with cucumbers, carrots and tomatoes, and pineapple skim milk and a healthy treat. Please have your meal choices to the front desk by Friday, February 15 to ensure your favorite meal choice. Registration required.

Book Club & Movie

Saturday, February 25

9:30 A.M. - 12:30 P.M. Donation: \$2

We will discuss the novel, *Slumdog Millionaire* by Vikas Swarup. When Ram Mohammed Thomas, an uneducated orphan from Asia's largest slum, answers questions to win a billion rupees on an Indian TV quiz show, he startles everyone—even himself. Framed for cheating by the show's producers, Ram must defend himself. Viewing of the film is followed by discussion. Books are available at the Senior Center or contact your local library. Light snacks will be served. Registration required. Instructor: Sarah Adelpia

Dish with the Director

Tuesday, February 28

12:00 P.M. Donation Free

Join Director of Senior Services, Tracey Colagrossi for lunch. Learn about the happenings at the Senior Center, ask questions, complimentary lunch and a great time! Available to the first ten registrants, the menu choice is Sloppy Joe sandwich or beef paprikash served with pasta, roasted eggplant soup, pineapple, and pie. Please confirm your choice by February 18.

Pizza & Movie: Demolition

Tuesday, February 28

5:30 - 7:30 P.M. Donation: \$5

A successful investment banker struggles after losing his wife in a tragic car crash. With the help of a customer service rep and her young son, he starts to rebuild, beginning with the demolition of the life he once knew. Starring Jake Gyllenhaal and Naomi Watts. *R, 141 min.* Registration required.

Arts & Crafts

January Ceramics

Class A: Tuesdays: January 3 - 24

9:30 - 11:30 A.M.

Class B: 12:45 - 2:45 P.M. NEW ADDITION

Class C: Wednesdays: January 4 - 25

9:30 - 11:30 A.M.

Class D: 12:45 - 2:45 P.M.

Donations: \$12 plus Materials

By popular demand, we have added an additional afternoon Ceramics class on Tuesdays. We have a variety of bisque ware on hand to choose from. Select an item to paint using glazes or acrylic paints and we'll help you step-by-step to a finished product. Registration required. Instructor: Mimi Krall

Drawing: Portraits inspired by Gustav Klimt

Tuesdays: January 3, 10, 17

5:30 - 8:00 P.M. Donation: \$35

In this class, students will blend a portrait with design elements inspired by Gustav Klimt. The final product will take the form of a tight pencil drawing or even color pencil! Registration required. Instructor: Denise Laurin-Donatelle

Watercolor: Buildings - Bull's Eye Technique

Thursdays: January 5 - February 23

Class A: 9:30 - 11:45 A.M.

Class B: 12:45 - 2:45 P.M. Donation: \$28

Draw a composition of buildings (city or urban scene); apply a mask to protect the white areas of the paper and begin to action paint! Learn the bulls-eye, three-color wash for starting your painting in a loose manner. Tighten up as you continue working on detail at the end stages. Ideas and demonstrations are given. Registration required. Instructor: Sue Baptist

Mixed Media: Storytelling with Collage

Fridays: January 6 - February 24

9:30 - 11:45 A.M. Donation: \$14

Use our new Senior Services mission statement to describe your experiences through collage: **Empowering Lives, Fostering Friendships, Promoting Independence.** Choose to draw or paint a portion of your canvas and add elements as you work through your story and composition. Materials may include: acrylic, tempera, ink, color pencil, pastel, specialty paper, fabric, ribbon, buttons, beads, and items that you bring to class (photos, maps, stamps, etc.). Registration required. Instructor: Sue Baptist

White-Line Printmaking

Mondays: January 9, 23, 30 & February 6, 13

9:30 - 11:45 A.M. Donation: \$20

In the early 20th century, a group of Cape Cod printmakers developed a technique as an alternative to Japanese printmaking

(each color of the print had its own carved woodblock). Like the Cape Cod printmakers, you will carve an entire design into one linoleum block. The carved lines will separate the areas that are inked in different colors. Once printed, the result is a colorful print. Your carved lines end up as the white of the paper, thus giving the technique its name. Ideas and demonstrations are given. Registration required. Instructor: Sue Baptist

Make a Mug

Saturdays: February 4 & 11

9:00 - 11:30 A.M. Donation: \$12

Build a mug from clay and decorate using slip, sgraffito, or mishima techniques! Registration required. Instructor: Emily Rose Davis

February Ceramics

Class A: Tuesdays: February 7 - 28

9:30 - 11:30 A.M.

Class B: 12:45 - 2:45 P.M. NEW ADDITION

Class C: Wednesdays: February 8 - March 1
9:30 - 11:30 A.M.

Class D: 12:45 - 2:45 P.M.

Donation: \$12 plus materials

By popular demand, we have added an additional afternoon Ceramics class on Tuesdays. We have a variety of bisque ware on hand to choose from. Select an item to paint using glazes or acrylic paints and we'll help you step-by-step to a finished product. Registration required. Instructor: Mimi Krall

Watercolor & Wine: Escape to the Beach

Thursday, February 16

5:30 - 7:30 P.M. Donation: \$20

This class will have you thinking warm thoughts as Jenny guides you through creating a beautiful watercolor. Visual reference will be provided. Light snacks and wine included! Enjoy a fun evening out and bring home your masterpiece! Registration required. Local artist, Jenny Vogt will instruct the class.

Computer

Safe Online Shopping

Fridays: January 6, 13 (series)

9:00 - 11:00 A.M. Donation: \$5

All those options, but what's the best way to be a safe online shopper? This class will go over the safest techniques for using online sites to compare products. Retailers covered in the class include Amazon, Burlington Coat Factory, and Peapod. Registration required. Instructor: Dan Kupkowski

MOOC's (The Education Revolution)

Monday, January 9

9:00 - 11:00 A.M. Donation: \$2

A discussion on Massive Open Online Courses and how anyone can access free online classes provided by elite universities. Registration required. Instructor: Dan Kupkowski

Windows 8.1 Introduction

Fridays: January 20, 27 (series)

9:00 - 11:00 A.M. Donation: \$5

This class will cover the use of Windows 8.1 features, functions and teach you how to set up new applications on your computer. Registration required. Instructor: Dan Kupkowski

Recipes and the Internet

Mondays: January 23, 30 (series)

9:00 - 11:00 A.M. Donation: \$5

This class will cover the use of computer applications for finding, selecting, and saving recipes to improve your culinary skills. Applications will cover Food Network, Allrecipies and Pinterest at home or in a classroom. Covers basic steps to setup accounts, open and use applications, and save recipes for further use on your computer. Registration required. Instructor: Dan Kupkowski

Email Introduction

Fridays: February 3, 10 (series)

9:00 - 11:00 A.M. Donation: \$5

Calling all beginners! This introductory class will go over how to set-up email accounts, compose emails, and attach documents to your emails. Registration required. Instructor: Dan Kupkowski

Buying and Selling on eBay

Mondays: February 6, 13 (series)

9:00 - 11:00 A.M. Donation: \$5

Want to get ideas on how to be both a Buyer and Seller on eBay? The class will cover how you can buy what you want, and sell what you have. See how you can do it safely and use the tools eBay has in place to protect you as a consumer on the internet. Let's get started, all you will need is an email account. Registration required. Instructor: Dan Kupkowski

Buying and Selling on eBay

Fridays: February 17, 24 (series)

9:00 A.M. - 11:00 A.M. Donation: \$5

Want to get ideas on how to be both a Buyer and Seller on eBay? The class will cover how you can buy what you want, and sell what you have. See how you can do it safely and use the tools eBay has in place to protect you as a consumer on the internet. Let's get started, all you will need is an email account. Registration required. Instructor: Dan Kupkowski

One-on-One Tutoring

Do you need specific personal attention on your computer, laptop, tablet, cellphone, or other personal technology tool? Contact instructor Dan Kupkowski to set up an appointment. Call (630) 483-5661 and leave a message, including your name and phone number.

January Shopping Schedule

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--------------|------------------------|-------------|---------------------------------|-----------------|
| 2 Closed | 3 Meijer: Bloomingdale | 4 Caputo's | 5 Jewel: Bartlett & Streamwood | 6 Jewel: Elgin |
| 9 Mariano's | 10 West View Mall | 11 | 12 Jewel: Bartlett & Streamwood | 13 Jewel: Elgin |
| 16 Closed | 17 Stratford Mall | 18 Caputo's | 19 Jewel: Bartlett & Streamwood | 20 Jewel: Elgin |
| 23 Mariano's | 24 Super Target | 25 | 26 Jewel: Bartlett & Streamwood | 27 Jewel: Elgin |
| 30 | 31 West View Mall | | | |

February Shopping Schedule

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--------------|------------------------|-------------|---------------------------------|-----------------|
| | | 1 Caputo's | 2 Jewel: Bartlett & Streamwood | 3 Jewel: Elgin |
| 6 | 7 Meijer: Bloomingdale | 8 | 9 Jewel: Bartlett & Streamwood | 10 Jewel: Elgin |
| 13 Mariano's | 14 West View Mall | 15 Caputo's | 16 Jewel: Bartlett & Streamwood | 17 Jewel: Elgin |
| 20 Closed | 21 Stratford Mall | 22 | 23 Jewel: Bartlett & Streamwood | 24 Jewel: Elgin |
| 27 Mariano's | 28 Super Target | | | |

Dial-A-Bus-Service

The Dial-A-Bus service provides transportation to Hanover Township residents that are 55 and older, or individuals 18 and older with a disability. The service provides a means of transportation anywhere within Hanover Township. Residents can take the bus to Target, Wal-Mart, Stratford Square Mall, to the bank, the library, the park district, as well as to medical appointments. The Dial-A-Bus service goes to Sherman Hospital, St. Joseph Hospital, and St. Alexius Hospital. There are three different times that buses drop-off and pick-up at the Hanover Township Senior Center located on Route 59 in Bartlett. This allows residents to participate in a variety of programs offered at the Center, including ceramics, painting, bingo, and computer classes, to

name a few. It is a suggested donation of a \$1.00 one way, or \$2.00 round trip, and residents are able to purchase a bus pass in advance. To take advantage of the Dial-A-Bus service, just call (630) 483-5656.

Did you know that aside from the regular Dial-A-Bus service that you can schedule medical appointments to take a bus beyond Hanover Township boundaries via the T.R.I.P. program?

T.R.I.P. Program

Are you familiar with the T.R.I.P. (Township Riders Initiative Program)? This program is offered to residents age 60 and over, or to individuals 18 and over with a disability. This program is for medical purposes only. The hours of operation are Monday - Friday from 5:00 A.M. - 9:00 P.M.,

and on Saturday from 7:00 A.M. - 4:00 P.M. This program offers rides to medical appointments as well as to hospitals such as:

- Good Shepherd
- Hines
- Loyola
- Northwestern
- Rush Presbyterian
- Stroger
- University of Illinois Medical Center

They go to the mentioned hospitals on Tuesdays, Thursdays, and Fridays. The cost is \$5.00 per township line crossed, with a maximum of \$10.00 one way. A separate registration form is required. To register or schedule a ride call, (630) 483-5656.

Club Drop In Programs

No registration needed. Programs are weekly unless specified

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|--|---|---|
| 9:00 Pinochle Club Hand & Foot Club | 8:30 Pinochle Club  | 9:00 Pinochle Club Hand & Foot Club | 8:30 Pinochle Club | 9:00 Poker Club  |
| 12:30 Beading Club 1 st , 3 rd Monday | 12:00 Mah Jongg Club 1 st , 3 rd , 5 th Tuesday | | 9:00 Knit & Crochet Club Poker Club | 9:00 Pinochle Club |
| 1:00 Advanced Memoirs 1 st Monday | 1:00 Plastic Canvas Project Linus | 1:00 Mexican Domino Club Sewing Club 1 st Wednesday | 1:00 Canasta Club | |
| | 1:15 Social Bridge | | | 1:00 Life Stories 2 nd , 4 th Friday |
| | 6:00 Guitars in Bartlett | | 5:30 Needle Works (Downey Hall) | |

Program location is at the Izaak Walton Center & Reserve
899 Jay Street, Elgin • (847) 888-8329



At the Movies

Free and NO Registration Required!

Now You See Me 2

Tuesday, January 3

5:30 - 7:30 P.M.

After fleeing from a stage show, the illusionists (Jesse Eisenberg, Woody Harrelson) known as the Four Horsemen find themselves in more trouble in Macau, China. Devious tech wizard Walter Mabry (Daniel Radcliffe) forces the infamous magicians to steal a powerful chip that can control all of the world. *PG-13. 129 min.*

Money Monster

Tuesday, February 7

5:30 - 7:30 P.M.

Financial TV host, Lee Gates and his producer Patty, are put in an extreme situation when an irate investor takes over their studio. Starring George Clooney and Julia Roberts. *R. 98 min.*



Exercise Drop In Programs

No registration needed for these weekly programs

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--------------------------------------|---|--------------------------------|-------------------------------------|-----------------------------------|
| 8:30 Walking Fit - \$1 | | | | | |
| 9:30 Raja Yoga Mat / Chair \$4 | 9:00 Senior Exercise | 9:00 Walking Fit \$1 | 9:00 Senior Exercise \$1 | 9:00 Tai Chi - \$1 | 9:30 Mixed Raja Yoga \$4 |
| | | | | 9:00 Walking Fit 4 Mile - \$1 | |
| | | 10:30 Intermediate Raja Yoga \$4 | | 10:30 Pilates \$4 | |
| | | | | | |
| 1:30 Line Dancing \$1 | | | | | |
| | 6:00 P.M. Restorative Yoga \$4 | | 5:30 Zumba Gold | | |

Raja Yoga is instructed by Teresa Donoho-Speranza, owner of Tranquility Yoga.

Senior Exercise is instructed by a Certified Streamwood Park District Instructor (Tuesdays and Thursdays).

Zumba Gold is instructed by Julie Ramirez, owner of Studio Energia in Bartlett.

Coupons: Purchase coupons at the Senior Center Reception Desk, one or in groups of five. A deposit box is present at every class for depositing your coupon.

Raja Yoga Coupons: \$4 per class, collected at every session and are available at the front desk. Packs of 10 for \$35 are available.

Valentine's Day Yoga Mini Retreat

Thursday, February 9

12:00 - 4:00 P.M.

Destress and focus on self-care during this Valentine's Day themed retreat. Featuring yoga, lunch, a craft project. Please bring a pillow, blanket and yoga mat if you have one. Dress in layers for optimum comfort. Lunch will be served. Registration required. Instructor: Teresa Donoho-Speranza



Donation: \$10

*Program location is at the
Izaak Walton Center & Reserve
899 Jay Street, Elgin
(847) 888-8329*



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*Photo
coming
soon!*

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How to Reach Us

Senior Services (630) 483-5600

Fax (630) 483-5690

Hours

Monday - Friday 8:30 A.M. - 4:30 P.M.

Saturday 8:30 A.M. - 12:30 P.M.

Dial-A-Bus (630) 483-5656

Dial-A-Bus Hours 7:30 A.M. - 3:00 P.M.

Director of Senior Services: Tracey Colagrossi

Social Service Manager: Megan Conway

Transportation Manager: Linda Steininger

Hanover Township does not discriminate in admission to programs or activities or treatment of employment in programs or activities in compliance with the Illinois Human Rights Act; the U.S. Civil Rights Act; the U.S. Civil Discrimination Act; the Aged Discrimination in Employment Act; the U.S. and Illinois Constitutions. If you feel you have been discriminated against, you have a right to file a complaint. For information, contact Tracey Colagrossi at (630) 483-5600.

