

# Monthly Support Group for Caregivers

*Sponsored by Catholic Charities Northwest Senior Services & Hanover Township Senior Services*



We recognize that unpaid, family caregivers provide the majority of caregiving in the United States. Caregivers help their spouses, parents, or other senior relatives with tasks such as: bathing, eating, dressing, personal hygiene, cooking, cleaning, transportation, and financial management. This is an opportunity to share with others who face the same challenges of caregiving.



**When:** Fourth Wednesday of every month  
10:30 a.m. – noon  
(no meeting in December)

**Where:** Hanover Township Senior Center  
240 S. Route 59  
Bartlett, IL

For more information, contact

**Amy Seul**

Social Service Specialist

at

Hanover Township Senior Services

630-483-5600, ext. 5682

*Catholic Charities Northwest Senior Services is funded by: AgeOptions, IL Dept. on Aging, United Way, Individual Donations, AH senior Center, Inc., IL Criminal Justice Information Authority, Barrington/Palatine/Wheeling Townships and the Hanover Township Mental Health Board.*



[www.hanover-township.org](http://www.hanover-township.org)

